

Furniture Moving Straps (Wrist) Installation Instructions

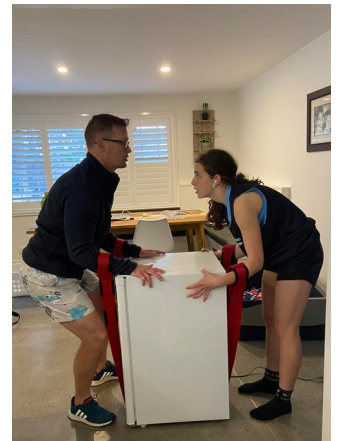
1

Place wrist straps under item. Where furniture has legs, place straps on either end running parallel to each other, on the inner side of the legs. For uneven objects and furniture without legs, place straps diagonally for added stability.



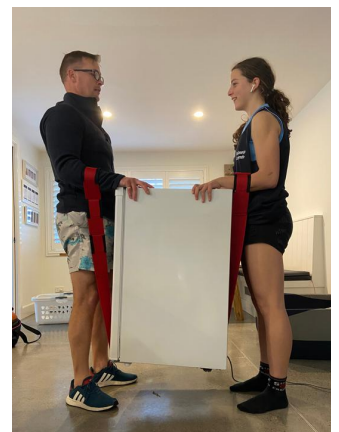
2

Using buckles lengthen/shorten wrist straps to fit the item. A comfortable lift is generally achieved when the object is lifted 10-15cm from the ground.



3

Position yourself correctly. Arms should be bent and straps secure on your upper forearms. Bend your knees and prepare to lift from your legs.



4

You are on the move! Move in tandem with your partner and together take small strides to make for a smoother lift.

